

## Parents and Guardians,

USDA has published practical, science-based nutrition standards for snack foods and beverages sold to children at school during the school day. The standards, required by the Healthy, Hunger-Free Kids Act of 2010, allows schools to offer healthier snack foods to children, while limiting junk food.

The health of today's school environment continues to improve. Students across the country are now offered healthier school lunches with more fruits, vegetables and whole grains. The Smart Snacks in School standards builds on those healthy advancements and ensure that kids are offered tasty and nutritious foods during the school day.

While our focus is on offering nutritious meals to your student on a daily basis, your SFE on-site management team, along with SFE's team of culinary & nutrition experts, is excited to offer students, healthier snack items this school year that meet these requirements. You can expect to see more nutrient dense snacks like fruit cups and granola bars, and fewer empty calorie snacks. We encourage you to check out these new smarter snacking options in the cafeteria!

These regulations also affect fundraisers held during school days and school hours. We encourage you to click the links here to learn more about the important legislation:

www.fns.usda.gov/school-meals/smart-snacks-school http://www.fns.usda.gov/sites/default/files/allfoods\_flyer.pdf

If you have any specific questions your school nutrition team can be reached at 210-832-5940or by e-mail at <a href="mailto:ssheets@ahisd.net">ssheets@ahisd.net</a>.